

BLACKBURN WITH DARWEN HEALTH AND WELLBEING BOARD MINUTES OF A MEETING HELD ON TUESDAY, 7th MARCH 2023

PRESENT:

Councillors	Damian Talbot
	Mustafa Desai
	Derek Hardman
Integrated Care Board (ICB)	Claire Richardson
	Carl Ashworth
	Craig Harris
East Lancashire Hospitals NHS Trust	Arif Patel
Voluntary Sector	Dilwara Ali
	Vicky Shepherd
Council	Abdul Razaq
	Mark Warren
	Jo Siddle
	Katherine White
	Laura Wharton
	Cath Taylor
	Charlotte Pickles
	Rachel Surkitt

1. Welcome and Apologies

The Chair welcomed everyone to the meeting. Apologies were received on behalf of Councillor Julie Gunn, Tony McDonald, Sarah Johns.

2. <u>Declarations of Interest</u>

There were no Declarations of Interest received.

3. Minutes of the Meeting held on 6th December 2022

The Minutes of the Meeting held on 6th December 2022 were submitted for approval.

RESOLVED – That the Minutes of the Meeting held on 6th December 2022 be agreed as a correct record.

4. Public Questions

The Chair informed the Board that no public questions had been received.

5. Joint Health and Wellbeing Strategy

The Consultant in Public Health, Laura Wharton, presented the Joint Health and Wellbeing Report. The Board was informed that the revised Joint Local Health and Wellbeing Strategy (JLHWS) incorporated the following principles and priorities which had been developed following consultations with key stakeholders:

Principles:

- Action on the wider determinants of health
- Ensuring health equity
- Intelligence and evidence based decision making
- Coordination at place and service integration

Priorities:

- Best start in life
- Healthy, homes, places and communities
- Mental and physical health and wellbeing
- Good quality work and maximising income
- Positive ageing and independence in later life
- Dying well

The Board was informed that the life course model consisted of four main life phases:

- Start Well: Making sure children and young people get the best start in life
- Live Well: Healthy and prosperous people, places and communities
- Age Well: Ensure older people are supported to remain independent and socially included
- Dying Well: Ensuring people, their families and carers are supported to talk about and plan for an improved end of life

The Board was informed that the membership of each Life Course Board included a range of relevant stakeholders and each had a named Chair who is also a member of the Board. The membership of each Board will be updated in 2023 to fully reflect the agreed priorities. The Board was advised that a programme of development will be undertaken over the next 12 months.

The Board was recommended to approve the final draft version of the JLHWS 2023 – 2028, to note and commit to the developmental programme of work required during the first 12 months of the strategy, and to review and updated the Joint Health and Wellbeing Strategy in March 2024, as per the outcomes of the JLHWS development programme.

RESOLVED – That the Board noted and approved the recommendations.

6. ICB Joint Forward Plan

The Director of Planning, Lancashire and South Cumbria Integrated Care Board, Carl Ashworth, delivered a report and a presentation on the ICB Joint Forward Plan. The presentation informed the Board that the ICB was facing challenges such as meeting the

needs and demands of communities, improving performance and dealing with backlogs, workforce shortages and finances.

The Board was informed that the Joint Forward Plan's principles were:

- Principle 1: Fully aligned with the wider system partnership's ambitions.
- Principle 2: Supporting subsidiarity by building on existing local strategies and plans as well as reflecting the universal NHS commitments.
- Principle 3: Delivery focused, including specific objectives, trajectories and milestones as appropriate.

The Board was informed that the Joint Forward Plans should build on and reflect existing JSNAs, JLHWSs and NHS delivery plans. ICBs and their partner acute trusts have duty to prepare a first Joint Forward Plan before the start of each financial year, however NHS England had specified that the date for publishing and sharing the final plan with NHS England, ICPs and Health and Wellbeing Boards is 30 June 2023 for the first year. A draft version of the plan will be produced for consultation by 31 March 2023. The Board was advised that a more comprehensive plan will be developed for 2024/25 onwards.

The Board was advised that the ICB Board will review the draft Joint Forward Plan at their meeting on the 29 March 2023 and the final Joint Forward Plan will be signed off by the Board at the end of June 2023.

The Board was recommended to consider the key themes highlighted within the emerging Joint Forward Plan for Lancashire and South Cumbria Integrated Care Board, to note that a draft version of the Joint Forward Plan will be presented to the Board after sign off by the ICB at the end of March 2023, and to note that a final version of the Joint Forward Plan will be presented to the Board prior to its sign off by the ICB at the end of June 2023.

RESOLVED – That the Board noted and approved the recommendations.

7. ICP Strategy

Craig Harris, ICB, presented the ICP Strategy report to the Board. The Board was informed of the development of the strategy to date. The work to date on the draft Integrated Care Strategy included:

- Identifying the needs and wants of the population
- Identifying draft priorities
- Engaging with residents and staff on the draft priorities
- Scoping the priorities
- Creating the draft strategy

The ICP identified the following shared priorities:

- Starting well
- Living well
- Working well
- Ageing well
- Dying well

A delivery plan for each priority will be developed between January and March 2023 before sign off by the ICP and publication of the full strategy at the end of March 2023.

The Board was informed that at the Board's development session on 8 February 2023,

the following reflections were noted:

- The Integrated Care Strategy needed a stronger focus on; mental health and wellbeing; co-production with people, communities and lived experience groups and; homelessness and preventing homelessness within the housing priorities.
- Blackburn with Darwen Health and Wellbeing Strategy needed a stronger focus on; Dying Well as a standalone priority; sustaining people in their current housing to avoid homelessness and; co-production with people, communities and lived experience groups.

The Board was informed that the current version of the Integrated Care Strategy remained a 'work in progress' with further minor amendments/additions to be made in the coming weeks. This version was being circulated to members of the ICP and the executive leads for the life course priorities to provide any further feedback. The final version will be presented to the ICP in April 2023 for formal agreement.

The Board was recommended to endorse the current version of the Lancashire and South Cumbria Integrated Care Strategy, noting that this will be further updated, and to note that the final version will be presented to the ICP in April 2023 for formal agreement.

RESOLVED – That the Board noted and approved the recommendations.

8. School Food Grant

The Consultant in Public Health, Cath Taylor, presented a report on the School Food Grant. The Board was informed that earlier this academic year, Blackburn with Darwen Borough Council passed a motion to write to the Secretary of State for Education to call for an urgent extension of free school meals to ensure universal provision for all school age groups and for a review of the restrictive eligibility criteria. Blackburn with Darwen Borough Council proposed to implement a School Food Grant Fund to ensure that children in the greatest need do not go hungry whilst at school during the Summer Term 2023.

The Board was advised that the funding will be awarded to schools to enable them to best meet the needs of the most vulnerable pupils and families. The funding will be allocated equitably between schools based on the proportion of pupils who live in the 25% most deprived postcodes (using Income Deprivation Affecting Children Index Data) and the size of school. Schools will be able to apply for funding as follows via an Expression of Interest form:

- Up to £2,000 (around 25% of schools will be eligible)
- Up to £5,000 (around 45% of schools will be eligible)
- Up to £10,000 (just over 30% of schools will be eligible)

The Board was informed that if schools proposed to use the funding, this would provide 171,428 meals or feed 2,678 additional children throughout the summer term at no cost.

The Board was recommended to note the proposal within the report, which was subject to approval at the Council's Executive Board on 9 March 2023.

RESOLVED – That the Board noted and approved the recommendations.

9. Adult Social Care Update

The Director of Adults and Health, Mark Warren, delivered a presentation on the Adult Social Care Update.

The Board was informed that the Safeguarding Adults Board commissioned an independent Chair, Dr Henri Giller, and that the LGA Review report was due on 16 March 2023. Regarding the Neighbourhood Review, the Board was informed that there was an evaluation on the Fuller report, and that the framework of review was to be agreed and monitored through LICP. Regarding the Commissioning Review, the Board was informed that the model was being reviewed and restructured, and investment was agreed to evaluate and implement a new model.

The Board was informed that there were consultations regarding Provider fee uplifts. The consultations found that the main aim was to ensure providers can pay their staff the Real Living Wage as opposed to Minimum Wage. There was consideration of quality issues; recruitment and retention; and sustainability. The Board was also informed that Charging Reforms were paused for two years.

The Board was updated on the CQC Regulation and Assurance. From April 2023, a new assurance framework for local authority Adult Social Care responsibilities will be introduced. This will include an assessment regime undertaking by CQC. The Board was also informed of the CQC Themes and Quality Statements which included:

- Working with People: assessing needs, supporting people to live healthier lives, and equity in experiences and outcomes.
- Providing Support: care provision, integration and continuity, and partnerships and communities.
- Ensuring Safety: safe systems, pathways and transitions, and safeguarding.
- Leadership: governance, and learning, improving and innovation.

The Board was updated on the Adults and Health Service Plan alongside Blackburn with Darwen's core missions. The strategic priorities included:

- Keeping the borough safe and protecting the most vulnerable.
- Supporting people to stay healthy and independent at home for as long as possible.
- Transformation and legislative reform.
- Ensuring services provided and commissioned are of a good quality, responsive to individual needs, good value for money and reflect identified needs.
- Supporting citizens to be part of and connected to communities through work, education, leisure and housing models that are fit for purpose.
- Tackling inequality, oppression and enabling people to maximise their potential.

RESOLVED – That the Board noted the presentation.

10. <u>Trauma Informed System Resilience Framework</u>

The Public Health Specialist, Charlotte Pickles, delivered a presentation on the Trauma Informed System Resilience Framework. The presentation informed the Board that almost half of adults living in Blackburn with Darwen had suffered at least one Adverse Childhood Experience (ACE), with 12% of adults in Blackburn with Darwen having suffered four or more ACEs. The Board recognised that trauma extends beyond ACEs and impacts across the life-course.

Blackburn with Darwen had developed a Systems-Resilience Framework to help identify and reduce the incidence and impact of trauma amongst the population and workforce, and had taken a partnership approach to support trauma-informed practice.

The Board was shown the Trauma Informed Systems Resilience Framework which consisted on four phases:

- Phase 1: Trauma aware awareness and recognition.
- Phase 2: Trauma sensitive sensitivity to trauma, organisational readiness, processes and infrastructure.
- Phase 3: Trauma responsive prioritise, create a plan and gather information.
- Phase 4: Trauma informed align policies and practices, evaluate, learn and adapt.

The Board was advised that the Trauma Informed practice was to aim to improve the accessibility and quality of services by creating culturally sensitive, safe service that people trust and want to use. It also sought to prepare practitioners to work in collaboration, and recognised that the workforce will require support to work in a trauma-informed way.

The Board was advised that the commitment was to become 'trauma informed' across the system; to build trauma-informed organisations; to develop trauma-informed communities; to self-assess to increase awareness and track progress; and to share good practice.

RESOLVED – That the Board noted the presentation.

11. Better Care Fund Update

The Deputy Director of Adult Social Care, Katherine White, presented a report on the Better Care Fund Update for information only. The Board was updated on the progress of local plans and performance against targets for 2022/23 and the Better Care Fund Pooled budget for 2022/23.

The Board was also updated on the future Better Care Fund plans and development in Blackburn with Darwen.

The Board was recommended to note the progress of the Blackburn with Darwen Better Care Fund Plan for 2022/23 in relation to delivery and performance against targets, to outline future Better Care Fund requirements and reporting for quarter 4 2022/23, and to note the Better Care Fund quarter 3 delivery and financial position.

RESOLVED – That the Board noted and approved the recommendations.

12. Any Other Business

There was no other business.

13. Proposed Items for Next Meeting

The proposed items for the next meeting to include:

- Update from Health Protection Board
- Joint Strategic Needs Assessment
- Climate Emergency Action Plan Update
- OHI Strategy One Year On

14. Date and Time of Next Meeting

The next meeting was scheduled to take place on 20th June 2023 at 6pm.

Signed
Chair of the meeting at which the Minutes were signed
Date